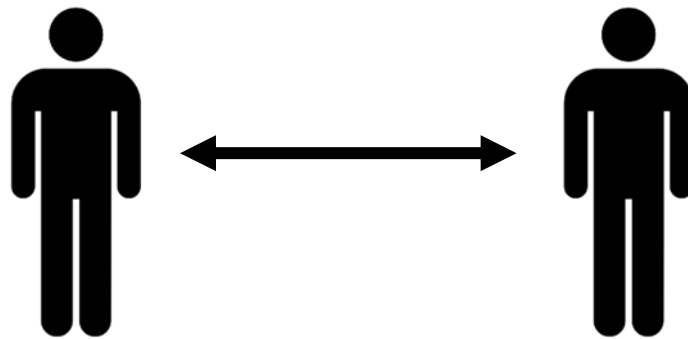


Social Distancing



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and

Keeping Everyone Healthy

Anderson Center Consulting
(845) 889-9616
AndersonConsulting@AndersonCares.org



There are lots of ways to help keep myself and the people I love healthy from sicknesses like Coronavirus.



Minot Air Force Base

Germs can go from one person to another through tiny droplets in the air or when we touch each other.



En.Wikipedia.com

**Doctors tell us one way to stay healthy is
Social Distancing.**

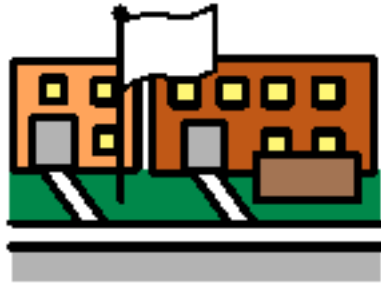


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**Social Distancing means staying a safe distance
from other people as much as possible. There
are lots of ways to do this.**



Boardmaker

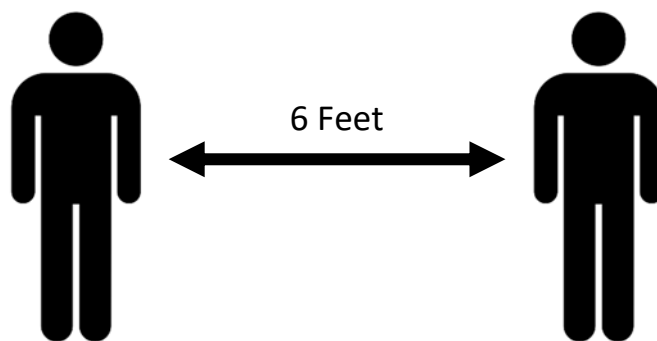
**Schools are a place where lots of people come
together. It is difficult to keep a distance from
others, which is why schools have closed.**

Canceling or waiting to have big events like parades, plays, movies and concerts is another way to keep people healthy.



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Doctors say I should stay about 6 feet away from other people when I go out of my house. I will also try not to touch other people.



Not touching other people means I will not give handshakes, hugs, or high-fives.



PxHere.com



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To keep everyone safe, many people are staying home from work. Some people may not visit me for a while. If I miss someone who cannot visit, I can call or video chat with that person.



Piqsels.com

Social Distancing is important to help keep everyone safe. While I am spending a lot of time at home and not going to school and other activities, I can find fun things to do.



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Flickr.com

My family and I can make a list of fun things to do that are still safe for everyone! Maybe I can play games or go for a walk with my family!

**I will do my part to help keep the Coronavirus
and other germs from spreading!**



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Great Job!